Ilana Wasserman, MA, LMFT, LEP, CMT, VMT
Licensed Marriage and Family Therapist #40707
Licensed Educational Psychologist #2783
Certified Massage Therapist Cert #50782
Visceral Manipulation Practioner
Craniosacral Practioner
P: 714-856-8333

Visceral Manipulation/Craniosacral Intake Form

Personal Information

Name: ____ Date _________________

Date of Birth: _______/_______/_______ Gender: ___________________

Address: ____

City: _____________________________________ State: _______ Zip: ________________

Mobile #: ___________________________ Work #: _______________________________
(Ok to leave message Y/N) (Ok to leave message Y/N)

Email Address: ____

Occupation: ____

In case of emergency, please notify:

Name ____ Telephone # __________________

Relationship: ____

What are your goals for this session? ____

____

____

Health Information

Are you currently under care of a physician for an acute/chronic illness? ____ No ___ Yes

If yes please explain: ____

____

____

____

Do you have any infectious diseases? ____ No____ Yes

If Yes, please describe: ____

Are you currently taking any prescribed medications, over- the-counter medications, dietary supplements, vitamins or herbs? ___ No __ Yes.

If yes, please list names and reason for medications, supplements, vitamins and herbs:

____

____

____

Are you wearing: ___ Contact lenses? ___ Dentures? ___ Hearing aid? ____ Pacemaker?

____ Transdermal patch? ____ Catheter?

Do you have children? ___ No ___ Yes

If yes, how many and age(s)? ____

Do you experience stress in your work, family, or other areas of your life? ___ No ___ Yes

If yes, how do you think it has affected your health? ________________________________

____

____

____

Family History

Please check any occurrence of the following in your family's history:

___ Heart Disease
___ Diabetes
___ Arthritis
___ Cancer
___ Osteoporosis
___ Alzheimer's
___ Mental Illness
___ Thyroid condition
___ Liver condition
___ Kidney condition
___ Respiratory disease

Check the following conditions that apply to you, **past or present**. Add your comments. Use the back of the form to explain all checked conditions.

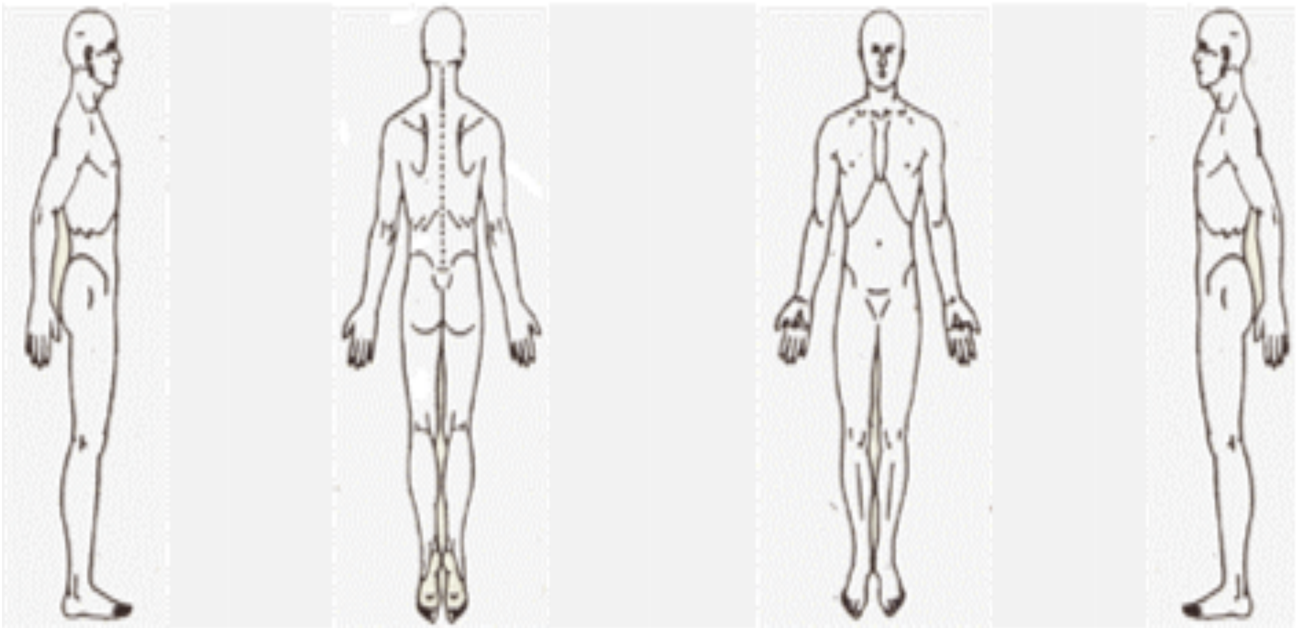
Musculo-Skeletal

Do you have any difficulty lying on your front, back or side? ____ No ____ Yes
If yes, please explain: ____

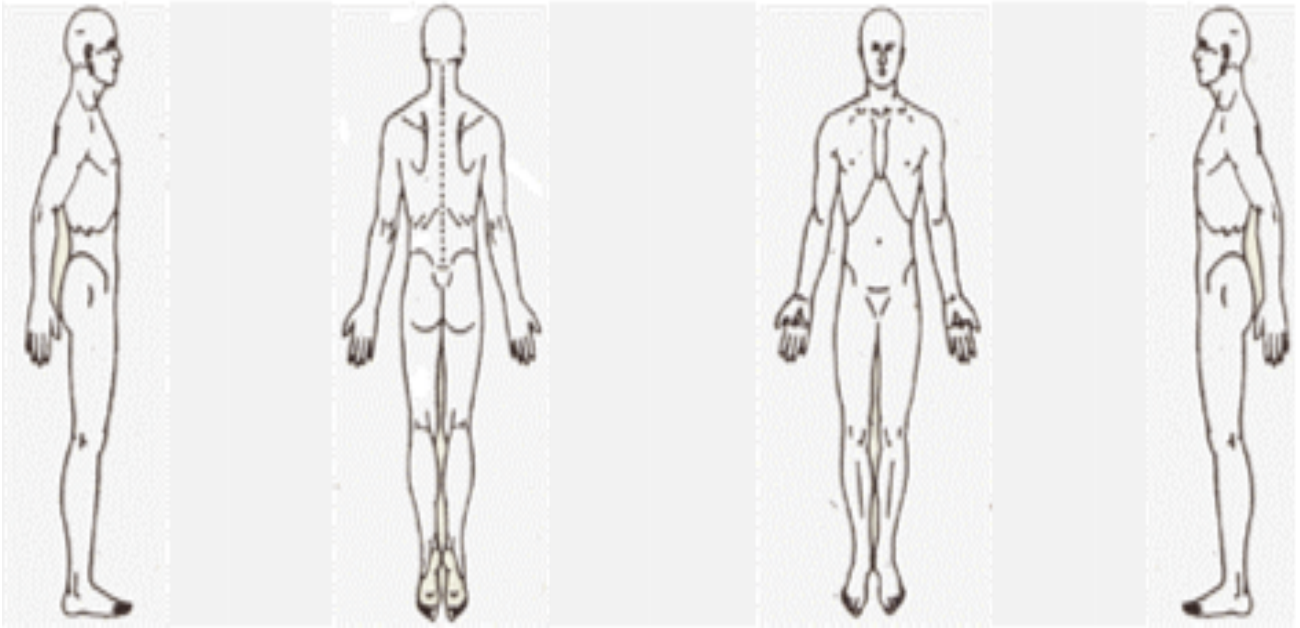
Do you sit for long hours at a workstation, computer or driving? ____ No ____Yes
If yes, please describe: ____

Do you perform any repetitive movement in your work, sports or hobby? ___ No ____ Yes
If yes, please describe: ____

Is there a particular area of the body where you are experiencing tension, stiffness, pain or other discomfort? ____ No ____ Yes
If yes, please identify: indicate with an (X) the areas in which you are feeling discomfort:



Is there a particular area of the body where you are experiencing **emotional** tension, stiffness, pain or other discomfort? ____ No ____ Yes
If yes, please identify: indicate with an (X) the areas in which you are feeling **emotional** discomfort:



Please indicate with an (X) if you are experiencing any of the following*:*

___ Headaches
___ Joint stiffness/swelling
____Spasms/cramps
____ Broken/fractured bones
____ Strains/sprains
____ Back, hip pain
____ Shoulder, neck, arm, hand pain

____ Leg, foot pain
____ Chest, ribs,
____ Abdominal pain
____ Problems walking
____ Jaw pain/TMJ
____ Tendonitis
____ Bursitis
____ Arthritis

____ Osteoporosis
____ Scoliosis
____ Bone/joint disease
Other: ________________
____
____
____

Circulatory and Respiratory

____ Anemia
____ Shortness of breath
____ Dizziness / Fainting
____ Cold feet or hands
____ Cold sweats
____ Swollen ankles

____ Varicose veins
____ Blood clots
____ Stroke
____ Heart condition
____ Allergies
____ Sinus problems

____ Asthma
____ High blood pressure
____ Low blood pressure
____ Lymphedema
Other: ______________

Skin
Do you have sensitive skin? ____ No ____Yes

____ Rashes
____ Allergies
____ Athlete's Foot
____ Warts
____ Moles
____ Acne
____ Cosmetic surgery

____
____

____ Decubitus Ulcer
Other: _______________

Digestive

____ Nervous stomach
____ Indigestion
____ Constipation
____ Intestinal gas/bloating
____ Diarrhea

____ Diverticulitis
____ Irritable bowel syndrome
____ Crohn's Disease
____ Colitis

____ Adaptive aids
____ Hepatitis / Jaundice
Other: _______________

Nervous System

____ Numbness/tingling
____ Twitching of face
____ Fatigue
____ Chronic pain
____ Sleep disorders
____ Ulcers

____ Paralysis
____ Herpes/shingles
____ Cerebral Palsy
____ Epilepsy
____ Chronic Fatigue Syndrome

____ Multiple Sclerosis
____ Muscular Dystrophy
____ Radiculopathy
____ Spinal cord injury
Other: _______________
____

Please indicate with an (X) if you are experiencing any of the following*:*

Reproductive System

Pregnancy:
____ Current
____ Previous
____ PMS
____ Menopause

____ Pelvic Inflammatory
____ Endometriosis
____ Hysterectomy
____ Fertility concerns
____ Prostate problems

Other: _______________
____
____

Emotional/Other

____ Loss of appetite
____ Forgetfulness
____ Depression
____ Anxiety
____ Lethargic
____ Anhedonia
____ Lack of Sleep
____ Fight/Flight/Freeze
____ Manic episodes
____ Difficulty concentrating
____ Drug use
____ Alcohol use
____ Nicotine use
____ Caffeine use
____ Hearing impaired
____ Visually impaired
____ Burning upon urination
____ Bladder infection

____ Eating disorder
____ Diabetes
____ Fibromyalgia
____ Post/Polio Syndrome
____ Cancer
Other congenital or acquired disabilities_________________
____
Surgeries _________________
Other: ___________________
____

I, ____________________________________, (client) have completed this form to the best of my knowledge and I will inform Ilana Wasserman, MA LMFT, LEP, CMT, VMT of any changes.

If necessary, I allow Ilana Wasserman, MA LMFT, LEP, CMT, to discuss with my health care provider the appropriateness of Visceral Manipulation for my condition.

Full payment is required at time of service:
Initial evaluation session fee $210
Hourly fee thereafter $200

I understand that I am responsible for full payment if I cancel with less than 48 hours' notice.

Signature: ____ Date:_________________

Signature of parent/guardian: ______________________________ Date:________________